

HOW TO SELF-INJECT?

PrInclunox™ and PrInclunox™ HP

Enoxaparin sodium solution for injection 100mg/mL and 150mg/mL (High Potency)

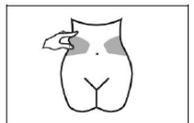
Your doctor may want you to continue your PrInclunox™ or PrInclunox™ HP injections at home for a few days.

If so, he or a nurse will show you how to administer your PrInclunox™ or PrInclunox™ HP before you are released from hospital. It is essential that you follow these instructions exactly. If you have questions, be sure to ask your doctor or nurse to provide the explanations you require.

- Proper subcutaneous (under the skin) injection of PrInclunox™ or PrInclunox™ HP is essential to prevent pain and bruising at the injection site.
- When at home, there is nothing for you to prepare. The syringe is pre-filled with the exact amount of drug required. Do not press on the plunger prior to injection.
- PrInclunox™ and PrInclunox™ HP should be inspected visually for clarity, particulate matter, precipitation, discoloration, and leakage prior to administration. Do not use if solution shows haziness, particulate matter, discoloration or leakage

Preparing the injection site.

- 1. Choose an area on the right or left side of your stomach.** This should be at least 5 centimeters away from your belly button and out towards your sides.
 - a) Do not inject yourself within 5 cm of your belly button or around existing scars or bruises.
 - b) Alternate injection site between the left and right side of your stomach, depending on the side you last injected.
- 2. Wash your hands.** Cleanse (do not rub) the area that you will inject with an alcohol swab or soap and water.
- 3. Sit or lie down in a comfortable position so you are relaxed.** Make sure you can see the injection site. A lounge chair, recliner, or bed propped up with pillows is ideal.



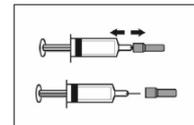
To access the **video instruction** for patients, please scan this QR code



To access the **written instructions** for patients, please scan this QR code

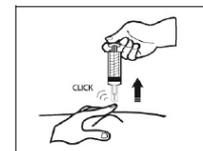
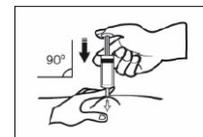
Selecting your dose.

1. **To avoid medication errors**, check the syringe label before each injection, and ensure that this label matches your prescribed dose.
2. **Carefully pull off the needle cap from the syringe.** Throw away the cap.
 - a) Do not press on the plunger before injecting yourself to get rid of air bubbles. This can lead to a loss of the medicine.
 - b) Once you have removed the cap, do not allow the needle to touch anything. This is to make sure the needle stays clean (sterile).
3. **When the amount of medication in the syringe already matches your prescribed dose, there is no need to adjust the dose.**
You are now ready to inject.
4. **When the dose depends on your body weight**, you may need to adjust the dose in the syringe to match the prescribed dose. In that case, you can get rid of any extra medicine by holding the syringe pointing down (to keep the air bubble in the syringe) and ejecting the extra amount into a container.
5. **A drop may appear at the tip of the needle.** If this occurs, remove the drop before injecting by tapping on the syringe with the needle pointing down. You are now ready to inject.



Injecting.

1. **Hold the syringe in the hand you write with (like a pencil).** With your other hand, gently pinch the cleaned area of your stomach between your forefinger and thumb to make a fold in the skin.
 - Make sure you hold the skin fold throughout the injection.
2. **Hold the syringe so that the needle is pointing straight down (vertically at a 90° angle).** Insert the full length of the needle into the skin fold.
3. **Press down on the plunger with your thumb.** This will send the medication into the fatty tissue of the stomach. Complete the injection using all of the medicine in the syringe.
4. **Remove the needle from the injection site by pulling it straight out maintaining your finger on the plunger rod.** Orient the needle away from the user and anyone else who is present. The safety system is activated by pressing firmly on the plunger rod. The Protective sleeve will automatically cover the needle and will produce an audible “click” which confirms the activation of the device. You can now let go of the skin fold.



When you are done.

1. **To avoid bruising, do not rub the injection site after you have injected yourself.**
2. **Drop the used syringe into a sharps container.** Close the container lid tightly and place the container out of reach of children. When the container is full, dispose of it as your doctor or pharmacist has instructed.

Any unused medicine or waste material should be disposed of in accordance with local requirements.